

## Licensed Nurse Skills Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_\_

RN      LPN

In order to provide suitable assignments for you, the following checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** ( ✓ ) in the appropriate box.

- 1 = No experience; Theory/observed only
- 2 = Intermittent experience; < 5 times per year; Needs review
- 3 = Moderate experience; > 5 times per year; May need min. resource
- 4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
<b>Medication Administration</b>				
Documentation on M.A.R.				
Dose calculation				
Generic equivalents				
Usage of PDR				
Knowledge of drug actions/interactions				
Verification of narcotic wastage				
Oral medications				
Sublingual medications				
Intradermal medications				
Parenteral medications				
Subcutaneous medications				
Intramuscular medications				
Topical medications				
Eye drops				
Ear drops				
Swallowing precautions				
Inventory and storage control				
<b>Infectious Control</b>				
AIDS/HIV interaction				
Hepatitis interaction				
Hospice				
MRSA				
VRE				
Fever management				
Interpretation of labs				
Decubitus/Wound care (Contaminated)				
Linen -Transporting, storing, & Handling				
Cleaned				
Soiled				
Personal clothing				
Proper disposal of sharps and waste				
Standard precautions				
<b>Pain Management</b>				
Documentation and assessment of site, character, & frequency of pain				
Assessment of pain levels				
Documentation of response to pain medications				

Skill Level	1	2	3	4
<b>Intravenous Therapy</b>				
I.V. certified (Check "4")				
Administration of I.V. antibiotics				
Administration of I.V. fluids				
Administration of I.V. pain medications				
Administration of I.V. cardiac meds				
Blood draws - peripheral				
Blood draws - central line				
Blood draws - implanted catheter				
Care of I.V. site - peripheral				
Care of I.V. site - central line				
Care of I.V. site - implanted catheter				
I.V. dose calculations				
I.V. insertion - peripheral				
Use of infusion pumps				
<b>Diabetic Care</b>				
Diabetic monitoring				
S/S hyper/hypoglycemia				
Diabetic patient teaching				
Performing fingersticks				
Use of glucometers				
Insulin infusions				
Regular, long-acting insulin				
Mixed insulin				
<b>Psychosocial Problems</b>				
Assessment and documentation of behavioral problems (target behaviors)				
Assessment and documentation of s/s of depression				
Assessment and documentation of patient response to psychotropic medications				
Parameters for use of restraints in long-term care settings				
Assessment and documentation of effectiveness of preventive medicine medications				
Assessment and documentation of effectiveness of treatments				

<b>Orthopedics</b>				
Assessment of circulation				
Assessment of gait				
Assessment of range of motion				
Amputation care				
Post-arthroscopy care				
Casts and related care				
Osteoporosis				
Pinned fractures				
Total hip replacement				
Total knee replacement				
Rheumatic/Arthritic disease				
Continuous passive motion				
Canes				
Cervical collars				
Gait belts				
Prostheses				
Slings				
Transfer board				
Walker				
Wheelchair				
<b>Cardiovascular Problems</b>				
Auscultation of rate/rhythm				
Blood pressure				
Doppler				
Pulses				
Circulation checks				
CPR				
Post-abdominal aortic bypass				
Aneurysm				
Angina				
Post carotid endarterectomy				
Fem-pop bypass				
Permanent pacemaker				
Post acute M.I.				
Post cardiac surgery				
Thrombophlebitis				
DVT				
Congestive heart failure				
Administration of post-op cardiac meds				
<b>Gastrointestinal Problems</b>				
Administration of tube feedings				
Administration of medications via tube				
Inflammatory bowel disease				
Bowel prep				
G.I. bleeding				
Gualac				
Nutritional status				
Colostomy care				
Post abdominal surgery				
NG tube placement and care				
Nasointestinal tube care				
Assessment of bowel tones				
Assessment of abdomen				
Enema administration				
Assessment of bowel incontinence				
Signs and symptoms of fecal impaction				

<b>Neurological Problems</b>				
Post-Op anticonvulsant medications				
Assessing levels of consciousness				
Dementias (Re-direction/Validation)				
Neuromuscular disease				
CVA				
Pupil check				
A.I.M.S.				
Seizure precautions				
Administration of anticonvulsant medications				
Aneurysm precautions				
Spinal cord injuries - long term				
<b>Urinary Problems</b>				
Assessment and care of AV shunt				
Post renal surgery				
Renal failure				
Assessment of urinary incontinence				
Assessment of I and O data				
Use of bladder scanner				
Signs and symptoms of UTI				
Indwelling catheter insertion				
Indwelling catheter care				
Straight catheter insertion				
Suprapubic catheter care				
Screening for UTI via urine dipstick				
<b>Wounds, Pressure Sores, and Skin Impairments</b>				
Assessment and care of post-surgical wounds				
Assessment, prevention, and care of pressure ulcers				
Assessment and documentation of skin conditions/wounds				
Dressing changes - aseptic				
Dressing changes - sterile				
Wound irrigation				
Application of wound care products				
Use of air fluidized, low air-loss beds				
Use of pressure-relieving seat cushions				
Staple and suture removal				
<b>Other Skills</b>				
Alert charting system				
Use of 24-hour written and verbal reporting systems				
Use of "911" in LTC setting				
Regulatory guidelines related to the prevention of abuse and neglect of residents				
Regulatory guidelines related to resident rights in LTC setting				
Discerning code status				
Incident and accident reporting				
The preceding information I have checked is correct.				
Signature: _____				
Date: _____				